


Hilton Melbourne
South Wharf

Hilton Harmony



Hilton Harmony

Hilton Harmony is all about you and your tranquil spa experience.
All within the peaceful and private surroundings of your room or suite at the Hilton Melbourne South Wharf.

Harmony - where you can select from an amazing host of heavenly treatments and therapies to assuage the body, mind and spirit to lift you to a state of inner peace and pure... Harmony.

Hilton Melbourne South Wharf strives to pamper guests by offering aromatherapy massages, wraps, facials, scrubs and baths that employ the purest and highest quality essential oils and ingredients designed by Li'tya, Vitaman & Malka.

An experienced team of spa therapists brings years of perfected skills and a diverse range of health, beauty and relaxation practices for your languid pleasure.



LI'TYA is a high performance range of skin and body care products that blend potent native Australian botanicals, clays and sea fruits with modern day skin technology. Traditional Aboriginal medicines are entwined into the exquisitely pure botanical bases, imparting their naturally powerful therapeutic properties into all treatments.

The life force energy that is within the LI'TYA spa product range combined with our holistic spa therapies create the unique experience that is a LI'TYA Spa Journey.



For the Face

Mirri

| 60 Minutes

Our nourishing facial treatment is suitable for all skin types. This facial integrates Australian native ingredients such as Lillypilly, Wild Rosella and Macadamia. We use an exclusive range of top of the line Li'tya products to cleanse, exfoliate, moisturize and improve skin condition.

To further enhance relaxation, our therapist incorporates Aboriginal inspired pressure point facial massage. Perfect after a long flight, late nights or whenever your skin requires some TLC.

Facial includes your choice of hand or foot massage.

Mikiri

| 60 Minutes

Using exclusive Li'tya skincare products, this customised facial is an intensive boost for all skin types to rejuvenate and revitalise the skin from dehydration, congestion, dryness, and sensitivities. Skin is cleansed and exfoliated using Australian natural active ingredients such as Lillypilly and Wild Rosella, inclusive of the application of two specialised masks. An Aboriginal inspired pressure point facial provides relief to accumulated tension and stress whilst boosting overall circulation. Facial includes your choice of hand or foot massage.

Yirri

| 90 Minutes

This ultimate facial indulgence is tailored to purify, deeply cleanse and nourish your skin leaving your skin hydrated and toned. This treatment combines the use of skin specific cleansers, cellular activating exfoliators, herbal masks, treatment elixirs and moisture therapies. As part of the treatment, we use targeted pressure point therapy and specialised massage techniques to restore radiance from inside out.



For the Body

Yanko Jindalee

| 90 Minutes

Designed specifically for energising and detoxifying the body – perfect in correcting energy flow whilst bringing tone and clarity to the skin. Treatment begins with your selection of Australian native aromatic oils followed by a deep exfoliation with Desert Salts. The treatment includes a personalised facial treatment designed to cleanse, smooth and hydrate skin. We finish off the treatment with a mind melting scalp massage whilst a hair mask eases the body and soul into ultimate bliss.

Mala Mayi

| 90 Minutes

An intensive boost of all nature's vitamins and minerals. Experience 90 minutes of sheer pleasure, starting off with a deep invigorating exfoliation with your choice of Australian Desert Salts and Aromatic Oils. Your body will be cocooned in a decadent layer of your chosen silky warm mineral body mud. To top off this luxurious experience, our therapist will incorporate a full body massage that will leave you in seventh heaven.

Kodo

| 90 Minutes

An hour of full body soothing, rhythmic massage to purify, cleanse and nourish mind and body wellness. Perfect combination of pressure points and spiralling movements working to relax and release tension. An excellent therapy to combat the stresses of the modern world. A choice of native aromatic oils is prescribed to address your needs – to rejuvenate, harmonise or detoxify.

Marta Kodo

| 90 Minutes

Treat your tired and overworked body to this intensive massage treatment. Massage to rejuvenate, targeting specific pressure points and areas of stress to relieve tension and restore body and mind balance. Ideal to reawaken your senses and rejuvenate after a tiring long-haul flight.

Marma Kodo

| 90 Minutes

A relaxing pregnancy massage to relieve pressure and to rejuvenate. This nurturing and rhythmic body massage is inspired by traditional Australian Aboriginal techniques which tone and realign energy flow. Leaves the body's energies laughing with joy. Suitable after first trimester up to 9 months into pregnancy. Preggie pillow provided.



Journey in the Tub

Gadhang Guumbee

| 60 Minutes

A warm Tasmanian Peat Mud bath to wash away the stresses of the outside world. An intensive multivitamin, rejuvenating bath blend that assists in relaxing, detoxifying and toning, achieving complete body re-harmonisation and delivering essential nutrients to the skin.

Ocean Gumbee

| 60 Minutes

A warm, nourishing bath to renew tired skin and body. Bath treatment uses Australian Desert Salts and Ocean Dreaming aromatic oil in the exfoliation process. A hydro sensory experience that leaves skin invigorated and spirit revitalized.

The Dreaming

| 120 Minutes

In the beginning was the Dreaming, the unseen vibration of creation – the sacred source from where all things are.

Relax, revitalize and rejoice with our signature treatment to reconnect body, mind and soul, from head to toe and from outside in. The ritual includes a foot massage, body wrap, full body massage, scalp massage, facial and hand treatments. Surrender yourself to the ultimate renewal and feel the potency of this experience through the power of nourishing Australian native plant essential oils and extracts, cleansing earth ochres and purifying desert salts which allow you to celebrate your Dreaming to the utmost potential. Embracing traditional Aboriginal healing techniques this deeply therapeutic collection of treatments work to nurture and heal. The soul is left refreshed and smiling with delight.

Marta Polama

| 60 Minutes

A deeply nourishing, hydrating and beautifying hand and nail treatment. The treatment begins with a skin softening soak using a gorgeous array of Australian native flowers and fruits, followed by a skin smoothing Wattleseed exfoliation to renew and regenerate before the application of a deep nourishing mask using Tasmanian Kelp to leave skin soft. To complete the treatment, a nurturing massage for the lower arms and hands removes every ounce of stress. A full nail shaping, buffing and cuticle tidy ensure that hands look as good as they feel. Leaving you feeling fabulous and absolutely glamorous!

Miji Jina

| 60 Minutes

An hour of foot and leg massage to purify, cleanse and nourish. Soak away tension and treat your feet to this Perfect combination to relax and release tension. Soften the skin with a foot bath using a beautiful range of Australian native flowers and fruits followed by a rejuvenating Desert Salt exfoliation to remove rough, dead skin. The warming Pepperberry foot mask hydrates and smoothes. This decadent treatment is finished off with a luxurious foot massage to invigorate the senses.

A close-up photograph of several green, pointed leaves, likely from a plant like aloe vera, with a soft, natural light background. The leaves are in sharp focus in the foreground, while others in the background are blurred.

For Him

VITAMAN

VitaMan as world pioneers, developed Australia's first comprehensive natural male skin and hair care range exclusively dedicated to men.

True to the philosophy of health and well-being for men, VitaMan was also the first to develop a signature 'de-stressing' massage technique. This technique is performed in all of the VitaMan Signature Treatments using the Professional Spa range.

Now available exclusively to Hilton Worldwide.



For Him

The De-Stress Facial

| 60 Minutes

Ideal for frequent travelers, this facial offers relief for tired and overworked skin. Beginning with a thorough cleanse, the skin is then gently exfoliated. A hydrating masque is applied followed by a soothing and deeply relaxing head massage. Next is your relaxing facial massage which incorporates our soothing eye therapy. Finally our anti-oxidant moisturizing treatment is applied leaving the skin feeling truly renewed.

The De-Stress Back & Facial Treatment

| 90 Minutes

Seriously masculine - we begin with our unique muscle stretching to de-stress the shoulders and entire back then exfoliate the area with our sea salt body scrub, next a relaxing back massage to release all tension using our relaxing massage oil.

Next we concentrate on the neck, shoulders, chest and jaw to undo all tightness followed by our relaxing, masculine facial treatment – pure pampering with the sole purpose to de-stress!

The De-Stress Relaxation Massage

| 60 minutes

This massage helps combat the day to day stresses of life – your nirvana experience is a full body massage covering the head, feet, hands and arms. Our massage uses essential oil blends that will achieve a heightened state of relaxation.

The De-Stress Sports Massage

| 60 minutes

Aimed at the sports enthusiast to alleviate muscular soreness resulting from intense exercise, this deep tissue, tension draining massage works to ease and eliminate the pain and stiffness accompanying joint and muscle strain.

Our Desert Muscle Rub and Sports Massage Oil are used in this treatment to give effective results and to instantly revive tired muscles.



In Room Spa

MALKA

★ Natural Skin Care ★

Your in-room spa has been decorated and scented with the Malka signature product range. Hand made in Melbourne Australia.

A dynamic skin care range, designed to nourish your skin. Hand made fresh in small quantities, from subtle, luscious, ingredients.

Malka's skin care range is all-natural - free of synthetic, petroleum-based, mineral or artificial products. Not tested on animals.

Our unique touchstone of delicious and delicate is what keeps Malka's clients coming back again and again.

Designed exclusively for Hilton Melbourne South Wharf. Available anywhere in the world from www.malka.com.au

Kindly enquire with **Magfc** should you have any purchase queries (dial **Magfc**)

Health Consideration - Our highly trained therapists can advise you which treatments are ideal and/or make recommendation to suit your requirements.

Reservations - Bookings are essential for all treatments. Kindly place your booking at the Front Desk or via MAGIC. If using a Gift Certificate, please quote your Certificate number at the time of booking and present your Certificate prior to your treatment.

Cancellation Policy - Cancellations and/or rescheduling of appointments require 24 hour notice. Cancellations or rescheduling with less than 24 hours notice will incur a 100% cancellation fee.

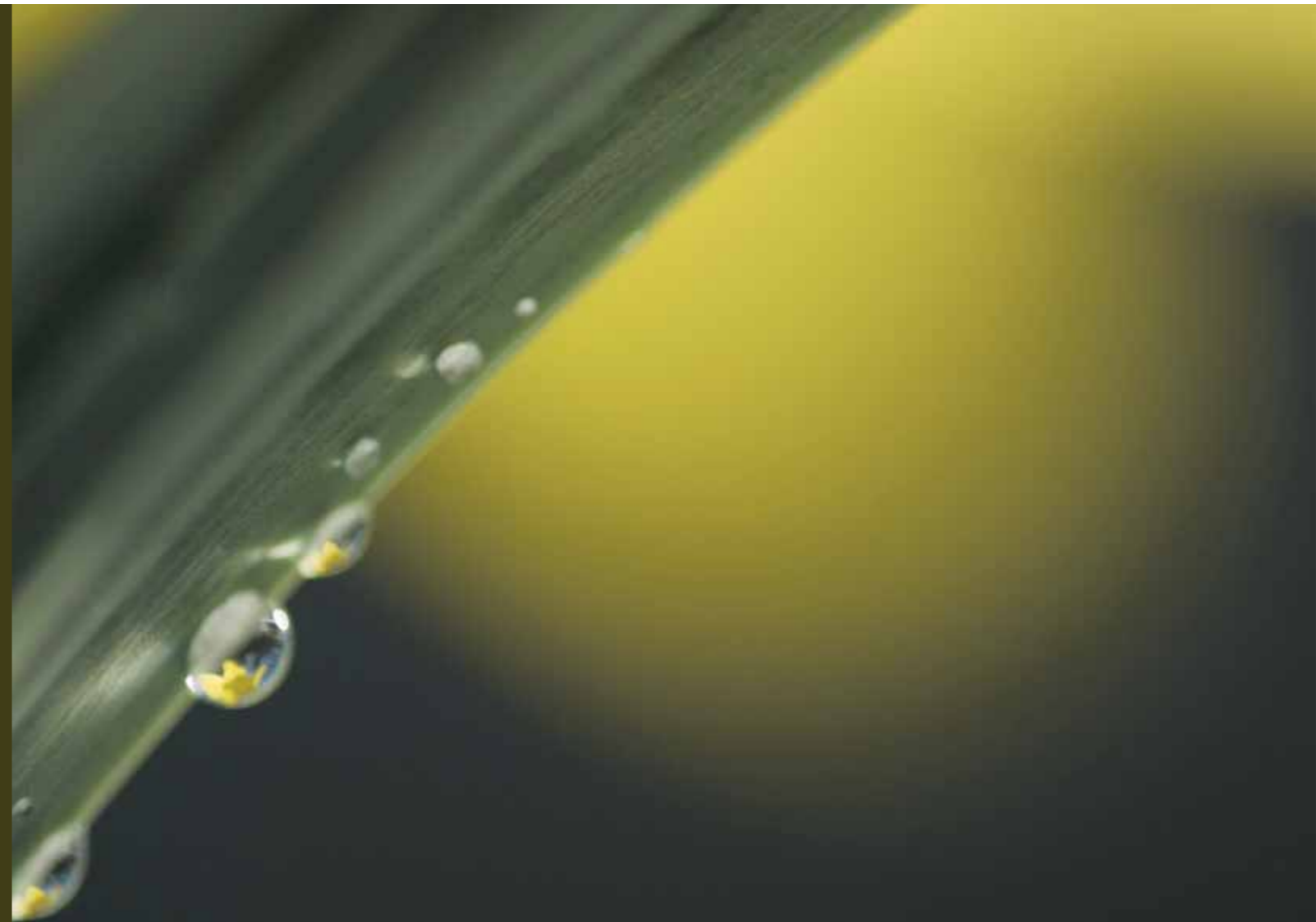
Gift Certificates - Gift Certificates are arranged by phone via MAGIC and delivered by post.

Attire - Your comfort is important to us therefore you will be covered with towels during body treatment to maintain warmth and modesty. We recommend open toed shoes are worn when you are having a pedicure.

Payment - Hilton Melbourne South Wharf guests may charge any Hilton Harmony services to their room account. Payment is settled upon check out.

Etiquette - Please ensure all mobile phones are switched off prior to the commencement of treatment.

Terms and Conditions





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www.newmelbourne.com.au

Hilton Melbourne South Wharf
2 Convention Centre Place, South Wharf, Victoria, Australia Tel: +61 (0) 3 9027 2000 Fax: +61 (0) 3 9027 2001
hilton.com